2025 SAT vs. ACT: What Parents Need to Know

Both tests are accepted by every college—the key is finding the best fit for your child. Here's a quick side-by-side guide now that the SAT is fully digital and the ACT is moving digital too:

SAT

- 100% online*
- Shorter reading passages
- Fully multiple choice
- Calculator allowed for all math
- Fully adaptive test
- ~2 hours and 14 minutes, not including breaks
 - Reading/Writing: 64 minutes
 - Math 60 minutes
- · Reading and Writing
 - Reading has short passages with one Q each
 - Writing is multiple choice; not essay
- Math
 - Math is more depth, advanced math
- 400-1600 scale
- No essay
- \$68 base fee
- 4 score sends included with purchase of the test

Format

Timing

Sections

Scoring

Cost

ACT

- · Online and paper
- Longer reading passages
- Multiple choice, except an optional written essay
- Calculator allowed for all math
- Not adaptive (yet!)
- ~2 hours and 5 minutes, not including breaks, for only core sections.
 - + 40 minutes for Science
 - + 40 minutes for Writing
 - English, Math, Reading
 - Math covers more topics, less depth
 - Reading has longer passages with multiple Qs
 - · Optional Science and Writing sections
 - Science section tests data analysis
 - Writing section is an essay
- 1-36 scale
- Optional essay scored separately
- \$68 base fee + Writing (\$25) and Science (\$4)
- 4 score sends included with purchase of the test

*SAT paper option for some approved accomodations only

